

TUI SHOU championship regulations
Vilnius, Lithuania. October 13-14, 2017.

Organizers: Lithuanian Wushu Federation, Lithuanian Nhat Nam Federation, Vilnius Aikido Aikikai club SŪKURYS.

Date: 2017.10.14

Place: Vilnius, Lithuania. Lithuanian Exhibition and Congress Center LITEXPO (Address: Laisvės pr. 5, Vilnius)

Payment for participation: 20 Euros for participating in one event (each additional event costs 10 Euros)

Participant documents: passport or ID card, request to participate in the championship, health insurance, certificate of medical fitness to participate in the championship.

Registration and weighing: 2017.10.13

Age and weight categories:

16-65 years (M/F).

Winner awarding: winners are awarded with cups, medals and diplomas; 2nd and 3rd places are awarded with medals and diplomas.

Every participant and team is responsible for their accommodation and travel expenses.

Each team has to provide their judge for the competition.

Rules:

- **COMPETITION TECHNIC**

Allowed:

1. All the pushing or pulling techniques by hands
2. All the pushing or pulling techniques to hands
3. Pushing of torso through hands

Not allowed:

1. Pushing or pulling above the shoulders (neck, head), torso and legs
2. Grabbing clothes
3. Twisting the opponents joints (Qin Na)
4. Pouching and striking
5. Legs' technique

- **SCORING**

Competitor is awarded 1 point, when opponent:

1. lift or slide one of the feet
2. touches the ground with the "third point" (hand, leg etc.)
3. fall down

Lifting part of the feet (fingers or heel) is allowed

1. There are 2 bouts in each round
2. Each bout lasts, while one of the competitors receive 5 points

3. After this competitors changing legs for the next bout
4. No resting between bouts
5. If there is a draw, the winner is a competitor with less weight